Medical Resources

Legal Resources

|  |  |
| --- | --- |
| 406-995-6995 | Big Sky Medical Center- Big Sky |
| 406-414-5000 | Bozeman Health Deaconess Hospital- Bozeman |
| 406-898-1201 | Billings Clinic– Bozeman |
| 406-587-0681 | BridgerCare Bozeman - reproductive health care services |
| 406-924-5754 | Community Health Partners\* Belgrade |
| 406-585-1360 | Community Health Partners\* Bozeman |
| 406-222-1111 | Community Health Partners\* Livingston |
| 406-646-9441 | Community Health Partners\* W. Yellowstone |
| 406-585-8701 | Community Health Partners Dental Practice |
| 406-582-3100 | Gallatin City-County Health Department |
| 888-706-1535 | Gallatin County Office of Public Assistance - call for eligibility  criteria |
| 888-706-1535 | Healthy Montana Kids (MT CHIP) Eligibility Hotline |
| 406-222-3541 | Livingston Healthcare |
| 800-362-8312 | Medicaid Help Line |
| 800-633-4227 | Medicare Information Line |
| 406-222-4145 | Park County Health Department |
| 406-582-5300 | VA Clinic - for Veterans |

\* All CHP clinics have low cost/sliding fee behavioral health services, primary & preventive health care services available to everyone regardless of ability to pay.

|  |  |
| --- | --- |
| 406-582-9200 | Bozeman Job Services |
| 406-444-2545 | Unemployment Insurance |
| 406-582-3010 | Gallatin County Office of Public Assistance (for families only) |
| 406-454-5709 | Rural Dynamics |
| 800-772-1213 | Social Security Administration |
| 406-646-7311 | West Yellowstone Job and Social Services Center |
| 406-587-4486 | HRDC Energy Programs |

866-820-5437 Child and Elder Abuse Help Line

|  |  |
| --- | --- |
| 406-585-9984 | Child and Family Services, Gallatin County |
| 406-222-7402 | Child and Family Services, Park County |
| 800-245-4743 | Disability Rights Montana - disabilityrightsmt.org |
| 406-582-2075 | Gallatin County Victim Assistance Program |
| 406-543-8343 | Gallatin Legal Assistance Clinic |
| 406-582-2038 | HAVEN |
| 800-666-6899 | Montana Legal Services Helpline |

# Mental Health & Social Services

Financial Assistance

Resource Guide

**2022**

*When you don’t know what to do or where to get help...resources and assistance are available.*

406-587-2434 HRDC Galavan



Transportation

Housing Assistance

406-587-2434 HRDC Streamline Bus Service 406-587-3008 Love INC

406-222-4668 Park County Angel Line 406-388-9999 TAXI

|  |  |
| --- | --- |
| 406-582-7388 | Family Promise |
| 406-388-8225 | Habitat for Humanity |
| 406-586-4111 | HAVEN |
| 406-587-4486 | HRDC Housing Program |
| 406-587-3008 | Love INC |
| 406-586-5813 | Salvation Army |
| 406-624-6277 | Volunteers of America - Housing assistance for Veterans |
| 406-556-1123 | Bozeman Warming Center |
| 406-333-2537 | Livingston Warming Center **-** Seasonal, Emergency Night Shelter \* |

406-640-0244 West Yellowstone Galavan Reservations (reserve early) 406-922-5683 Windrider, Livingston

406-646-7311 Call Job & Social Services for a voucher to ride – Check for eligibility

\* Open late fall to early spring

Food Assistance

406-586-2421 Bozeman Senior Center - Meals on Wheels Program

888-706-1535 Gallatin County Public Assistance **-** Supplemental Nutrition

Assistance Program (SNAP)

|  |  |  |  |
| --- | --- | --- | --- |
| 406-285-3559 | Headwaters Area Food Bank | 406-209-5088 | Kiwanis Clothes Closet - free clothing |
| 406-587-4225 | HRDC Fork & Spoon Homestyle Kitchen | 406-222-7641 | L’Esprit **-** Youth and Adult Services + School and Community Treatment |
| 406-586-7600 | HRDC Gallatin Valley Food Bank **-** Operating in Bozeman, Three | 406-823-6604 | LiveWell 49 - Improving Health & Wellness in Park County |

406-222-8154 Aspen, 24-Hour Domestic Violence Hotline and Emergency

Child & Family Related Resources

Shelter in Livingston 406-587-7786 Child Care Connections - child care referral

406-585-1360 Community Health Partners **-** primary & preventive health care services

406-587-2477 Family Outreach - assessments

406-587-2194 Greater Gallatin United Way kidsLINK Afterschool Programs 406-586-4111 Haven 24-Hour Domestic Violence Hotline and Emergency

Shelter in Bozeman 406-585-8544 Hearts & Homes Family Resource Center

Thanks to the following agencies who contributed to the costs of this publication:

Forks & Big Sky

406-222-5335 Livingston Food Resource Center, Livingston 406-587-3008 Love INC

406-222-8000 Park County Public Assistance **-** Supplemental Nutrition

Assistance Program (SNAP)

|  |  |  |  |
| --- | --- | --- | --- |
| 406-586-5813 | Salvation Army | 406-587-3840 | Thrive |
| 406-646-7311 | West Yellowstone Job & Social Services Center | 406-585-9402 | Youth Dynamics - Children’s Mental Health & Behavioral Health Care |
|  |  | 406-586-9444 | Zoecare Pregnancy and Planning Clinic |

406-522-7300 Montana Independent Living Project

406-994-4113 MSU Human Development Clinic - Low-Cost Services Adults, Children,

Couples & Families

406-570-0738 Roots Family Collaborative - pregnancy & post-partum support

406-582-8566 SEPTA - Special Education Parent Teacher Association, Bozeman School District

For information on copies please contact: 406-582-3000

Visit: gallatincomt.virtualtownhall.net/mental-health-local-advisory-council to print off a PDF



## Assistance for those in crisis



**or urgent need of help**

Dial 9-8-8 to reach Montana’s Suicide Prevention and Mental Health Crisis Lifeline

and / or

Dial 406-586-3333 to reach The Help Center

**Text “MT” to 741-741 for Crisis Text Line**

**Dial 9-1-1 If immediately life threatening.**

# IF YOU ARE CONCERNED ABOUT SOMEONE, ARE THEY...

## ...Suicidal or Depressed?

***Ask Them:***

* “Have you had thoughts of killing yourself?”
* “Are you suicidal?”
* “How would you harm yourself?
* “Do you have access/ability to implement this plan?”
* “Do you know when you would do it?”
* Is this person in a safe place? Can you/ someone else stay with them? 9-8-8 Help Center

## ...Intoxicated with Drugs or Alcohol?

* What Substance and how much did they take?
* What behaviors is the person exhibiting?
* Is the person vomiting or seizing?
* Is the person unresponsive?

9-1-1 for Law Enforcement/ Emergency Medical Services, ask for a CIT officer.

|  |  |
| --- | --- |
| 406-585-1000 | Bozeman Health Hospital Emergency Room. |
| 406-222-3541 | Livingston Health Care |
| 406-995-6995 | Big Sky Medical Center |
| 406-586-5493 | Alcohol & Drug Services of Gallatin County |
| 406-404-7900 | Community Medical Services (Belgrade) |
| 406-222-2812 | SW Chemical Dependency (Park County) |

Behavioral/Mental Health Resources

### 406-586-5493 Alcohol and Drug Services of Gallatin County

Community Health Partners **-** Low-cost / sliding scale counseling & behavioral / mental health services offered to all regardless of ability to pay:

406-924-5754 Belgrade Bozeman 406-585-1360

406-222-1111 Livingston West Yellowstone 406-646-9441 406-404-7900 Community Medical Services - Medication assisted treatment for opioid use 406-586-3333 Help Center **-** 24 Hour Crisis Line and Suicide Outreach TEXT “MT” to

741-744 for crisis support

2-1-1 Help Center **-** 24 Hour Resource Referral

406-586-3333 Help Center - Local Number

406-585-1130 Hope House **-** Voluntary before crisis stabilization

406-587-4486 HRDC **-** Wrap-Around Services such as Housing, Food, Transportation & more

406-222-7641 L’esprit **-** Youth & Adult Services in Livingston

### 877-927-6642 Mental Health America of Montana montanamentalhealth.org 406-551-1058 Montana Peer Network

9-8-8 Montana Suicide Prevention and Mental Health Crisis line

877-688-3377 Montana Warm Line **-** Non-crisis support line - virtual drop-in center

Call or visit montanamentalhealth.org

406-994-4113 MSU Human Development Clinic **-** Low-cost counseling services for

community members

406-994-4531 MSU Counseling & Psychological Services **-** Counseling Services

for MSU students

If you call 911, ask for a Crisis Intervention Team (CIT) Officer.

CIT officers are trained to help with mental health crises.

**Persons of any age can go to the Emergency Department at the nearest hospital:**

406-585-1000 Bozeman Health Deaconess Hospital Emergency

406-222-3541 Livingston HealthCare

406-995-6995 Big Sky Medical Center

## ...Displaying Unusual or Unsettling Behavior?

* Is the person hearing, seeing, or anything unusual that could cause harm to self or others?
* Does the person appear to be talking to themselves in a way that is causing distress to themselves or is unsafe for others?
* Does the person appear frightened, angry, agitated or depressed? 2-1-1 Help Center

# ...Aggressive or Violent Behavior?

* Has the person behaved in a manner that would inflict harm?
* Has the person made any threats? What is the nature of the threats?
* Has the person consumed any alcohol or drugs?

2-1-1 for the Help Center or 9-1-1 for Law Enforcement/ Emergency Services 406-222-8154 ASPEN **-** Abuse Support Prevention Education Network (Livingston) 406-586-4111 HAVEN Domestic **-** Violence Shelter (Bozeman)

### 406-443-7871 National Alliance on Mental Illness (NAMI) 406-585-8959 NAMI Bozeman **-** namimt.org

406-579-4984 Providence Mental Health Center **-** Mental Health Outpatient

Counseling Services

|  |  |
| --- | --- |
| 406-539-1383 | Recovery In Common **-** Certified peer support for recovery |
| 406-586-3333 | Sexual Assault Counseling Center |
| 406-586-5813 | Salvation Army |
| 888-866-0328 | State Addictive & Mental Disorders Information Line |
| 888-444-9669 | State Mental Health Ombudsman |
| 877-726-4727 | Substance Abuse & Mental Health Services Administration |
| 406-222-2812 | SW Chemical Dependency (Park County) |
| 406-582-5300 | VA Clinic - for Veterans |
| 406-994-7069 | VOICE Center **-** Confidential support for MSU students impacted by sexual |

assault or relationship violence

406-556-6500 Western Montana Mental Health **-** Gallatin **-** Out Patient Services

and Pharmacy

406-570-3907 Wellness in Action **-** Big Sky Community Counseling

406-585-9402 Youth Dynamics, Inc. **-** Children’s Behavioral Health Services